Think Before You Click

Ask yourself these questions before you press send:

- Would I say what I typed face to face? (Kindness)
- Did I ask permission to send this photo or video? (Respectful)
- Am I being mindful of others with my post? (Mindfulness)
- Would this make me feel good if I received it? (Empathy)
- Is my text intent clear without misunderstanding? (Perception)
- Is this post a reflection of the true person I am? (Self Respect)
- Is this personal/private? Does it need to be shared? (Privacy)
- Am I spreading negativity? (Social Media Eeyore)

http://www.DontPressSend.org